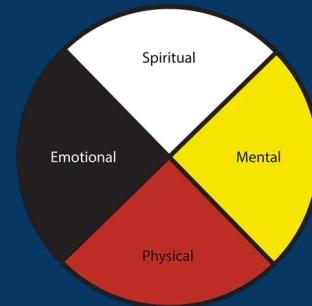




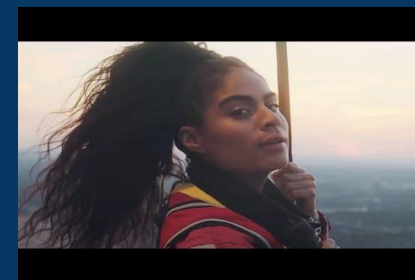
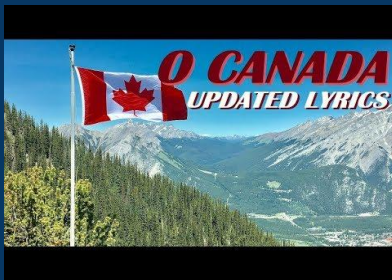
Thursday, May 18  
Day 4



The Simcoe County District School Board acknowledges that we are situated on the traditional land of the Anishnaabeg people. We acknowledge the enduring presence of First Nations, Metis and Inuit people on this land and are committed to moving forward in the spirit of reconciliation and respect. Stayner is part of Treaty 18. Nottawasaga Purchase, signed on October 17, 1818.



# Please stand for the singing of O Canada (please pick one)



# School Oath



Today I have an obligation.

No longer will I be silent if you need help.

Silence is participation.

I refuse to participate in the problem.

We are all different, but we all deserve respect.

If you need help, come to me.
























If I think you need help, I'm getting involved.

I've got your back.



# May

- 1 Beltane  
Wicca
- 2 Twelfth Day of Ridvan  
Bahá'í
- 5 Buddha's Birth Date  
Buddhism
- 5 Visak/Buddha Day  
Buddhism
- 22 Victoria Day  
Canadian Holiday
- 23 Zarathosht-no-diso (SC)  
Zoroastrianism
- 24 Declaration of the Báb  
Bahá'í
- 25-27 Shavuot  
Judaism
- 28 Pentecost  
Christianity
- 29 Ascension of Bahá'u'lláh  
Bahá'í

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2	3 	4 	5  	6
Tim Hortons Smile Cookie Campaign, Education Week and Mental Health Week						
7	8 	9	10 Basket Items Due 	11 	12 Walk or Wheel to School  	13
14	15 	16	17 Family Wellness Night 	18 	19  	20
21	22 Holiday 	23	24 Jr. Track & Field Welcome to Kindergarten 	25 	26  	27
28	29 	30	31 			

# We love our recess Dance Parties!



Listening to music and dancing to music is so fun but it is also healthy for our heart, mind and bodies!

Let's make a couple CMES Wolfpack Playlists!

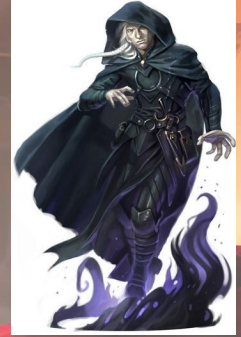
If you have an idea of a song you would like added to the playlist complete the form below. We are looking for diverse music that is school appropriate. We can even create a dance playlist and a relaxing playlist.

We can't wait to see your ideas!


**PLAYLIST IDEAS**



**Dungeons and Dragons is a fantasy role-playing game. Players role-play adventuring characters such as an elf warlock or dwarf paladin.**



**Dungeons and Dragons club meeting, Friday (day 3) 10:10-10:50 in room 127.**



The following classes will be visiting the Library **tomorrow (Friday):**

Mr. Cieurko's class at 10:50

Mrs. McKean-Dobbs/Mrs. Nobre at 11:40

Mrs. McLean's class at 1:10

Remember  
to bring your  
library  
books!



# KINDNESS CLUB

There will be a Kindness Club meeting tomorrow at second break.

Bring your lunch and be ready to go outside for recess.





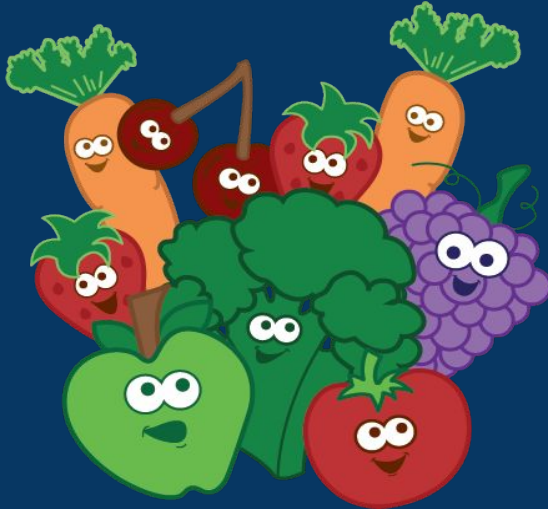
Tomorrow is POPCORN  
DAY!  
Don't forget \$2 if you  
would like to purchase a  
bag.





**COMPOST and  
RECYCLING  
THURSDAY!**

*Bring your buckets  
down after 2nd break*



## LUNCH REMINDERS...

- \*You are to be **sitting down** at your desk eating your lunch.
- \*When you are done eating, you are to wait for the duty teacher to tell you to put your lunch away.
- \*There is **NO SHARING OF FOOD**. We have many students that have allergies and **we can only eat what our families pack us to eat.**

A graphic featuring two overlapping speech bubbles. The top bubble is yellow and contains the word "SHOUT" in bold, dark blue letters. The bottom bubble is light blue and contains the word "OUTS" in bold, dark blue letters. The graphic is surrounded by several small stars in yellow and light blue.

**SHOUT**

**OUTS**

Thanks to our Grade 4s  
that were recognized  
by their field trip  
leaders for being  
awesome yesterday!



## FAMILY WELLNESS NIGHT THANK YOU...

To our amazing staff for all their help in setting up and volunteering their time for our Family Wellness Night! What would we do without you! Special thanks to Mrs. Gulley for coordinating all the activities and volunteers for the night!

To our School Council for all their ideas, planning and support to make this night one to remember!

To our incredible School Ambassadors for leading and helping with wellness stations and activities! You did a fabulous job!

And finally to all our families and community for supporting our Family Wellness Night! It meant the world to us that you came to learn with us and we thank you all for the generous support you continue to give our Wolfpack!!!

# RECESS REMINDERS FROM THE OFFICE...



Some important recess reminders for our Wolfpack...

Lately we have had a lot of people using their hands to solve problems at recess. When we do this, we make our problems bigger.

If you have a problem with someone at recess, use your words to work it out. If you need more help solving the problem, find one of the adults wearing a bright orange vest. They can help you work through the problem.

When we keep our problems small we can all have fun at recess.

# Mindful Moment

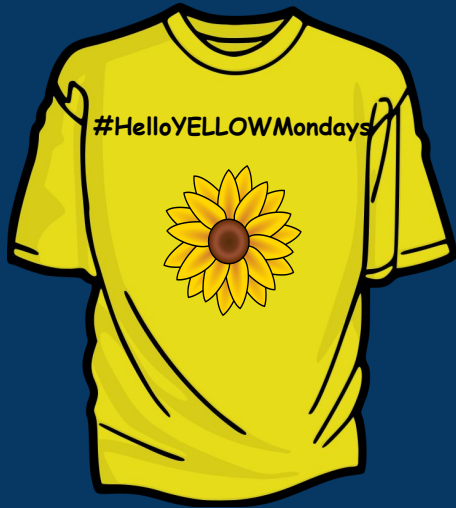
Visit the virtual calming room and choose a calming music or video.





## Wear yellow on Mondays

#HelloYELLOWMondays  
Whatever you're going through, we are here to listen and help.  
#childrensmentalhealth



Wear Pink Wednesdays We encourage you all to wear pink on Wednesdays to show that you take a stand against bullying!



Spirit Day Fridays! Every Friday, make sure to rock our school colours! Please send your pictures to your classroom teachers or share on twitter and tag @CMESWolfpackVP



## THURSDAY REMINDERS

Chase goals, not people

Celebrate your small wins

Take a break if you need it

Do something that makes you feel good

Learn something in everything

[OurMindfulLife.com](https://www.OurMindfulLife.com)